

401

JULY

<input type="checkbox"/>	1	Is. 1:18-20; Titus 3
<input type="checkbox"/>	2	Ps. 115; Is. 5:15,16; Jude
<input type="checkbox"/>	3	2 Chr. 26; Is. 6:1-8; Philemon
<input type="checkbox"/>	4	Heb. 1
<input type="checkbox"/>	5	Hosea 2:19,20; Heb. 2
<input type="checkbox"/>	6	Hosea 6:1-6; Heb. 3
<input type="checkbox"/>	7	Ps. 73; Hosea 10:12; Heb. 4
<input type="checkbox"/>	8	Ps. 100; Hosea 13:4-6; Heb. 5
<input type="checkbox"/>	9	Micah 4:2; Heb. 6
<input type="checkbox"/>	10	Micah 5:4,5; Heb. 7
<input type="checkbox"/>	11	Is. 9:6,7; Heb. 8
<input type="checkbox"/>	12	Is. 11:1-5; 14:27; Heb. 9
<input type="checkbox"/>	13	Heb. 10
<input type="checkbox"/>	14	Heb. 11
<input type="checkbox"/>	15	Heb. 12
<input type="checkbox"/>	16	Is. 25; Heb. 13
<input type="checkbox"/>	17	Jas. 1
<input type="checkbox"/>	18	Is. 33:5,6; Jas. 2
<input type="checkbox"/>	19	Ps. 46; Jas. 3
<input type="checkbox"/>	20	2 Chr. 31:20,21; Jas. 4
<input type="checkbox"/>	21	2 Chr. 32:7,8; Jas. 5
<input type="checkbox"/>	22	Ps. 76; Is. 37:14-20; 1 Pet. 1
<input type="checkbox"/>	23	Ps. 75; 1 Pet. 2
<input type="checkbox"/>	24	Is. 40; 41:10-13; 1 Pet. 3
<input type="checkbox"/>	25	Is. 43; 1 Pet. 4
<input type="checkbox"/>	26	Is. 46; 1 Pet. 5
<input type="checkbox"/>	27	Ps. 92; Is. 52:7; 2 Pet. 1
<input type="checkbox"/>	28	Is. 53; 2 Pet. 2
<input type="checkbox"/>	29	Ps. 103; Is. 58; 2 Pet. 3
<input type="checkbox"/>	30	Is. 60; John 1
<input type="checkbox"/>	31	Is. 64; John 2

501

JULY

<input type="checkbox"/>	1	Is. 1-3; Titus 3
<input type="checkbox"/>	2	Is. 4,5; Ps. 115,116; Jude
<input type="checkbox"/>	3	Is. 6,7; 2 Chr. 26,27; Philemon
<input type="checkbox"/>	4	2 Ki. 15,16; Hosea 1; Heb. 1
<input type="checkbox"/>	5	Hosea 2-5; Heb. 2
<input type="checkbox"/>	6	Hosea 6-9; Heb. 3
<input type="checkbox"/>	7	Hosea 10-12; Ps. 73; Heb. 4
<input type="checkbox"/>	8	Hosea 13,14; Ps. 100,102; Heb. 5
<input type="checkbox"/>	9	Micah 1-4; Heb. 6
<input type="checkbox"/>	10	Micah 5-7; Heb. 7
<input type="checkbox"/>	11	Is. 8-10; Heb. 8
<input type="checkbox"/>	12	Is. 11-14; Heb. 9
<input type="checkbox"/>	13	Is. 15-18; Heb. 10
<input type="checkbox"/>	14	Is. 19-21; Heb. 11
<input type="checkbox"/>	15	Is. 22-24; Heb. 12
<input type="checkbox"/>	16	Is. 25-28; Heb. 13
<input type="checkbox"/>	17	Is. 29-31; Jas. 1
<input type="checkbox"/>	18	Is. 32-35; Jas.2
<input type="checkbox"/>	19	2 Ki. 17; 2 Chr. 28; Ps. 46; Jas.3
<input type="checkbox"/>	20	2 Chr. 29-31; Jas. 4
<input type="checkbox"/>	21	2 Ki. 18,19; 2 Chr. 32; Jas.5
<input type="checkbox"/>	22	Is. 36,37; Ps. 76; 1 Pet. 1
<input type="checkbox"/>	23	2 Ki. 20; Is. 38,39; Ps. 75; 1 Pet. 2
<input type="checkbox"/>	24	Is. 40-42; 1 Pet. 3
<input type="checkbox"/>	25	Is. 43-45; 1 Pet. 4
<input type="checkbox"/>	26	Is. 46-49; 1 Pet. 5
<input type="checkbox"/>	27	Is. 50-52; Ps. 92; 2 Pet. 1
<input type="checkbox"/>	28	Is. 53-56; 2 Pet. 2
<input type="checkbox"/>	29	Is. 57-59; Ps. 103; 2 Pet. 3
<input type="checkbox"/>	30	Is. 60-62; John 1
<input type="checkbox"/>	31	Is. 63,64; Ps. 107; John 2

The Step-by-Step Reading Plan

Jumping into the Life Journal reading can be a pretty big jump, for a number of different reasons. Whatever the reason, we don't want this to keep you from getting into God's Word... or better yet, from getting God's Word into you. This "step-by-step" plan allows you to jump in at a level appropriate for you.

Step 1: Choose a Reading Level.

It starts with the "101 First Steps" level, which has a couple verses each day. Level 201 adds more verses... 301 and 401 a few more... etc. The 501 level is the "full version."

Step 2: Start Reading.

Choose a time in your day to commit to having time with God... make it a habit. Use this as a bookmark to help keep track of where you are at.

Step 3: Use S.O.A.P.

Using a journal or notebook will help you to get the most out of your time with God. S.O.A.P. is a way to maximize your daily devotions... see inside for details...

Don't forget that more important than just reading God's Word is applying God's Word... but you can't apply it if you don't read it...so get started!!

You can also access the Life Journal readings through our website at www.facatl.org

Life Journal

Step-by-Step Reading Plan

for the month of
JULY



The Life Journal is a Bible Reading Plan we use at First Alliance Church to encourage people to get into God's Word on a daily basis.

Using S.O.A.P.

S.O.A.P. is a journaling template. Journaling can really help to solidify what you are learning through your daily devotions. It is also something to look back on when you are trying to remember a verse/thought you had earlier.

Here is what S.O.A.P. stands for:

S—Scripture: write down the verse that stands out to you from today's reading.

O—Observation: write down what's happening in this verse or why it stands out...

A—Application: write down what you are going to do... how you are going to put what you've read into practice.

P—Prayer: write down a prayer for today.

To Journal, or not to Journal???

Journaling has proven benefits... but don't view journaling as a "requirement." You might journal every day, or you might journal once a week... just start somewhere. Don't let the thought of journaling keep you from getting into God's Word!

Don't Give UP!!!

Maintaining the habit of daily devotions isn't easy. Sometimes you will miss a day or two... Don't worry about "catching up..." just pick back up with today!

101 First Steps...

JULY

<input type="checkbox"/> 1	Isaiah 1:18-20
<input type="checkbox"/> 2	Isaiah 5:15,16
<input type="checkbox"/> 3	Philemon v. 6
<input type="checkbox"/> 4	Hebrews 1:1-3
<input type="checkbox"/> 5	Hosea 2:19,20
<input type="checkbox"/> 6	Hosea 6:1-3
<input type="checkbox"/> 7	Hosea 10:12
<input type="checkbox"/> 8	Hosea 13:4
<input type="checkbox"/> 9	Micah 4:2
<input type="checkbox"/> 10	Micah 5:4,5
<input type="checkbox"/> 11	Isaiah 9:6,7
<input type="checkbox"/> 12	Isaiah 11:1,2
<input type="checkbox"/> 13	Hebrews 10:22-25
<input type="checkbox"/> 14	Hebrews 11:1-3
<input type="checkbox"/> 15	Hebrews 12:1-2
<input type="checkbox"/> 16	Isaiah 25:1-5
<input type="checkbox"/> 17	James 1:2-4
<input type="checkbox"/> 18	Isaiah 33:5,6
<input type="checkbox"/> 19	Psalms 46:1-5
<input type="checkbox"/> 20	2 Chronicles 31:20,21
<input type="checkbox"/> 21	2 Chronicles 32:7,8
<input type="checkbox"/> 22	Psalms 76:11
<input type="checkbox"/> 23	Psalms 75:9,10
<input type="checkbox"/> 24	Isaiah 40:31
<input type="checkbox"/> 25	Isaiah 43:1,2
<input type="checkbox"/> 26	Isaiah 46:9,10
<input type="checkbox"/> 27	Isaiah 52:7
<input type="checkbox"/> 28	Isaiah 53:4-6
<input type="checkbox"/> 29	2 Peter 3:9
<input type="checkbox"/> 30	Isaiah 60:1-3
<input type="checkbox"/> 31	Isaiah 64:8

201

JULY

<input type="checkbox"/> 1	Is. 1:18-20; Titus 3:1,2
<input type="checkbox"/> 2	Is. 5:15,16; Jude v.21-23
<input type="checkbox"/> 3	Philemon V.6; Is. 6:1-4
<input type="checkbox"/> 4	Heb. 1:1-7
<input type="checkbox"/> 5	Hos. 2:19,20; Heb. 2:14,15
<input type="checkbox"/> 6	Hos. 6:1-3; Heb. 3:12-14
<input type="checkbox"/> 7	Hos. 10:12; Ps. 73:23-28
<input type="checkbox"/> 8	Hos. 13:4; Ps. 100
<input type="checkbox"/> 9	Micah 4:2; Heb. 6:13-15
<input type="checkbox"/> 10	Micah 5:4,5; Heb. 7:18-22
<input type="checkbox"/> 11	Is. 9:6,7; Heb. 8:1,2
<input type="checkbox"/> 12	Is. 11:1-5; 14:27
<input type="checkbox"/> 13	Heb. 10:22-27
<input type="checkbox"/> 14	Heb. 11:1-6
<input type="checkbox"/> 15	Heb. 12:1-6
<input type="checkbox"/> 16	Is. 25:1-5; Heb. 13:5,6
<input type="checkbox"/> 17	Jas. 1:2-8
<input type="checkbox"/> 18	Is. 33:5,6; Jas. 2:8,18-22
<input type="checkbox"/> 19	Ps. 46:1-5; Jas. 3:7-10
<input type="checkbox"/> 20	2 Chr. 31:20,21; Jas. 4:6-8
<input type="checkbox"/> 21	2 Chr. 32:7,8; Jas. 5:7-9
<input type="checkbox"/> 22	Ps. 76:11; 1 Pet. 1:3-9
<input type="checkbox"/> 23	Ps. 75:9,10; 1 Pet. 2:1-5
<input type="checkbox"/> 24	Is. 40:31; Is. 41:10-13
<input type="checkbox"/> 25	Is. 43:1,2; 1 Pet. 4:7-11
<input type="checkbox"/> 26	Is. 46:9,10; 1 Pet. 5:5-7
<input type="checkbox"/> 27	Is. 52:7; Ps. 92:10-15
<input type="checkbox"/> 28	Is. 53:4-6; 2 Pet. 2:7-9
<input type="checkbox"/> 29	2 Pet. 3:9; Ps. 103:1-6
<input type="checkbox"/> 30	Is. 60:1-3; John 1:1-5
<input type="checkbox"/> 31	Is. 64:8; John 2:1-5

301

JULY

<input type="checkbox"/> 1	Is. 1:18-20; Titus 3:1-15
<input type="checkbox"/> 2	Is. 5:15,16; Jude v.21-23; Ps. 115:9-18
<input type="checkbox"/> 3	Philm. V.6; Is. 6:1-4; 2 Chr.26:1-5,16-21
<input type="checkbox"/> 4	Heb. 1:1-14
<input type="checkbox"/> 5	Hos. 2:19-20; Heb. 2:14-18
<input type="checkbox"/> 6	Hos. 6:1-3; Heb. 3:12-19
<input type="checkbox"/> 7	Hos. 10:12; Ps. 73:23-28; Heb. 4:12-16
<input type="checkbox"/> 8	Hos. 13:4; Ps. 100; Heb. 5:7-14
<input type="checkbox"/> 9	Mic. 4:2; Heb. 6:13-20
<input type="checkbox"/> 10	Mic. 5:4,5; Heb. 7:18-28
<input type="checkbox"/> 11	Is. 9:6,7; Heb. 8:1-13
<input type="checkbox"/> 12	Is. 11:1-5; 14:27; Heb. 9:11-15
<input type="checkbox"/> 13	Heb. 10:22-39
<input type="checkbox"/> 14	Heb. 11:1-16
<input type="checkbox"/> 15	Heb. 12:1-13
<input type="checkbox"/> 16	Is. 25:1-5; Heb. 13:5-17
<input type="checkbox"/> 17	Jas. 1:2-18
<input type="checkbox"/> 18	Is. 33:5,6; Jas. 2:8,18-26
<input type="checkbox"/> 19	Ps. 46:1-5; Jas. 3:7-10, 13-18
<input type="checkbox"/> 20	2 Chr. 31:20,21; Jas. 4:6-17
<input type="checkbox"/> 21	2 Chr. 32:7,8; Jas. 5:7-20
<input type="checkbox"/> 22	Ps. 76:11; 1 Pet. 1:3-9; Is. 37:14-20
<input type="checkbox"/> 23	Ps. 75:9,10; 1 Pet. 2:1-10
<input type="checkbox"/> 24	Is. 40:31; Is. 41:10-13; 1 Pet. 3:8-17
<input type="checkbox"/> 25	Is. 43:1,2; 1 Pet. 4:7-19
<input type="checkbox"/> 26	Is. 46:9,10; 1 Pet. 5:5-14
<input type="checkbox"/> 27	Is. 52:7; Ps. 92:10-15; 2 Pet. 1:1-11
<input type="checkbox"/> 28	Is. 53:4-6; 2 Pet. 2:7-22
<input type="checkbox"/> 29	2 Pet. 3:9; Ps. 103:1-6; Is. 58:6-10
<input type="checkbox"/> 30	Is. 60:1-3; John 1:1-14
<input type="checkbox"/> 31	Is. 64:8; John 2:1-11

